

BREAST MILK HANDLING FOR INFANTS OF MOTHERS COVID+ /PUI

v.4/24/20 (Reviewed 10/26/21)

MAIN POINTS:

1. Mothers under isolation precautions/quarantine may provide expressed breast milk to infants.
2. Patients are instructed in proper handwashing, cough etiquette, use of mask, gloves, and pump cleaning.
3. Milk containers are disinfected prior to storage and before transport. The disinfected bottles remain in a zippered bag until decanted into new bottles/syringes.
4. Send family home with milk collection bottles and educate to process for milk delivery to hospital.

Transport of milk to another area for storage or use:

- **In-house:**
 - Patient's RN/staff member retrieves properly labeled milk from the plastic bag in patient's room. (bottles inside bag are disinfected by parent with Sani-wipe, (L# 114763) then wiped down with water afterwards)
 - 2nd staff member (outside of the patient room, wearing gloves) receives the disinfected labeled bottles into a clean plastic zippered bag.
- **From Drop-off:**
 - Arrange for Lactation/staff nurse to meet at car with clean zippered plastic bag and new supply of milk collection bottles. Family will call to coordinate.
 - Bottles will be placed into new zippered plastic bag for transport.
- **Prior to storage in receiving unit:**
 - Wearing gloves, remove milk from bag.
 - Wipe the outside of the bottle with Sani-wipe (L# 114763), then with a wet paper towel after dwell time complete.
 - If fresh milk: Decant into new bottles/syringes and label per standards
 - If frozen milk: store milk in new plastic zippered bag

Inpatient Breastmilk Pumping Guidance

- Provide mother with milk collection bottles and plastic zippered bags.
- Teaching:
 - Hand Hygiene prior to and mask (standard mask, if available) during pumping
 - Cleaning of surfaces
 - Wear gloves when using hospital grade cleaning wipes.
 - Collect milk into clean bottles (preferred over bags for cleaning)
 - Labeling patient information, date and time pumped.
 - Cleaning of pump parts
 - Wipe closed bottle with Sani-wipes (L# 114763). Once dry, wipe again with wet paper towel and then place in plastic zippered bag.

Outpatient or Discharge instructions for COVID+/PUI Mothers providing breastmilk for in hospital use:

- Support person at home will wipe labeled bottles/covers down with household sanitizing wipes (if available).
 - If sanitizing wipes unavailable, use a fresh solution of 1/8th teaspoon unscented household bleach in 2 cups of cool water- this solution expires after 24 hours.
 - This is considered an organic safe solution and does not need to be wiped off.
- Place bottles into a zippered plastic bag and store per standards.
- To deliver milk to the hospitalized patient, a drop off process will be utilized.
 - Parent will call the unit and coordinate drive-up drop-off.
 - Upon arrival to hospital, a staff member will meet them with a new zippered plastic bag.
 - Staff member will hold the plastic bag open and the support person will transfer milk from the home bag into a NEW plastic bag for transport.